

An announcement from HAA member:

Ellen Hicks (supporting member)
Abundance Wellness Center (member)

"Path to Awakening, Dialogues and Meditation" Meditation Classes with
William Cooper

Moving to 2nd & 4th Fridays of the month!

When:

Friday, August 11th
7:00 pm - 8:45 pm

Where:

Abundance Wellness Center,
325 Knox Road, Building T, Suite,
Tallahassee, FL 32303

Cost:

\$9 General
\$5 Students



William Cooper, Meditation Instructor

Awaken now? Why not? Everything is in place within you.

We will explore a simple meditation process to clear inner clutter and pain...revealing deep inner Happiness and Peace. No background needed and all paths supported.

William Cooper M.Th. is a licensed Professional Counselor and Licensed Marriage and Family Therapist. He has been in private practice for over 20 years. Previously he was a Certified Financial Planner and Partner in an Investment and Advisory firm.

He attended Vanderbilt University and graduated with a double major in psychology and studio art. Then completed his four year Masters of Theology from Harding Graduate School of Religion (Church of Christ). He has traveled India 11 times to work with a variety of awakened masters...as well as Bhutan and Thailand. William blends east and west in a simple but powerful process for inner clarity, peace and happiness. He has lead over 1000 group meetings on various personal growth topics. Although William is a psychotherapist this is Not psychotherapy nor a substitute for it.

The class is on-going, the 2nd and 4th Fridays of the month at the Abundance Wellness Center, 325 John Knox Rd (Inside the Woodcrest Office Plaza. Second building on left, after yield sign. Enter front door)

For more information on this class, please contact Ellen Hicks:

ellenhicks@yahoo.com