

Healing Sound Journey

with

METAMORPHOSIS

Saturday

February 11

7 - 8:30 pm

Advanced Reservations: \$20

\$25 day of event

Call/Text Linda McCue @ 850-545-3978

ABUNDANCE WELLNESS CENTER

325 John Knox Rd. Bldg. T

Directions: www.awc-tallahassee

*You are invited to bring a pillow/blanket for maximum comfort.
Dress comfortably and hydrate well before and after the healing.
Please arrive by 6:45 to get settled on your mat!*