



FASCIAL RELEASE

TWO ONE DAY CLASSES

MYOFASCIAL APPLICATIONS FOR THE LEGS SATURDAY AUGUST 12

MYOFASCIAL APPLICATIONS FOR THE BACK SATURDAY AUGUST 19

AT ABUNDANCE WELLNESS CENTER, TALLAHASSEE, FL

Registration Details

Register by sending a text message to 850/321-1098 with your name, license number and details.

Price is \$225 for both days if registered by June 23rd, \$250 thereafter. (Course is 16 Contact CEU's.)

Or \$125 for a single day (8 CEU's.)

Class size is limited to 10 participants. Classes are from 10 am to 6pm with lunch break. Bring table, sheets and cocoa butter.

Florida Board of Massage Provider # 50-15192.

The Presenter, David Long has been teaching, practicing and receiving fascial therapies and Structural Integration for 20 years in Florida and the Southeast.