



The Call of the Higher Self
Moving Beyond Mind-Body
Workshop with Vickie Spray and Mary Waller

The call from our Higher Self is an invitation to move beyond our fear-body responses and experience our original wisdom, power and possibility. We are capable of learning how to tap into the infinite wisdom of the Universe and to know ourselves as a part of that Universe. We are now living in the Great Human Awakening. It is a powerful shift in consciousness and it cannot be stopped. It is growing in intensity. We must each ask ourselves if we are willing to transcend our narrow interpretation of reality.

Meditation

Question and Answer

Video

Technique for Overcoming Old Beliefs

Journaling

Group Witness

When: August 14th 1:00 - 4:00 p.m.

Price: \$45.00

Where: Abundance Wellness Center

325 John Knox Road

VIDEO: <https://youtu.be/uaHWcnuf-gA>

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