

Healing Sound Journey with Rosie Warburton

**Thursday, February 18, 2016 ~ 7 - 8:30 pm AND
Friday, February 19, 2016 ~ 7 - 8:30 pm**

Each event: \$20/person

ABUNDANCE WELLNESS CENTER

325 John Knox Road, Bldg. T

See [www.awc-tallahassee](http://www.awc-tallahassee.com) for directions



Please join us for one of the most unique and de-stressing techniques you will ever hear.

Sound healer and skilled musician Rosie Warburton will set the stage for profound healing and personal transformation as she plays Tibetan and quartz crystal singing bowls, flutes, gongs, ocean drums, rain sticks, rattles and didgeridoos.

In the sound journey you will hear frequencies that rupture the noise of every day chaos and reverberate in your cells with tranquility and peace. With over 20 years experience in practicing and teaching sound healing Rosie has cultivated a practice that expertly induces an all-pervading relaxation in her journeyers.

You are invited to bring a pillow and blanket for maximum comfort. Everyone welcome to either or both Journeys without a reservation.

Rosie is offering a Sound Healing Workshop at AWC – February 20-21, 2016 ~ 9:30-4:30

Pre-register for the workshop at www.wholisticsound.com

To schedule an individual sound healing session, call Rosie ~ 727.479.9916