



International Institute of Reflexology

Presents the Ingham Method™ Training Program
The most Therapeutic Method of Foot and Hand Reflexology
taught in a very comprehensive format.

February 27 & 28, 2016

**Saturday & Sunday
7:45am – 5:00pm both days**

Abundance Wellness Center
325 John Knox Road, Bldg T, Suite 1
Tallahassee, FL 32303

The Ingham Method is a simple effective method of helping the whole body in a natural way. Learn these techniques to help yourself, your family and friends or continue training and join the **Professional Reflexology World**

Laurie Azzarella, IIR Seminar Instructor will be presenting these seminars.

\$375 for new students \$250 returning students

16 CEUs for NCBTMB, FL www.reflexology-usa.net

MAIL IN REGISTRATION

Name _____ E-Mail _____ Phone(____) _____

Address _____ State _____ Zip _____

New Student (\$375) Returning Student (\$250) Exam (\$275)

Please send form with \$100.00 Deposit by February 15 to:

Laurie Azzarella, IIR Instructor, 28347 Turkey Branch Dr., Daphne, AL 36526
251-625-0080 laurieazzarella@gmail.com 850-380-4943

REFLEX-OIL-OGY

Class



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**Great for
Back Pain!**

February 27

Abundance Wellness Center

325 John Knox Rd., Bldg. T Suite 1

Tallahassee, FL



Saturday 6:45pm-8:30pm

\$10.00 class fee at the door. All are welcome!

To reserve your space call: 850-380-4943 E-mail: laurieazzarella@gmail.com

- *Basic Theory of Reflexology*
- *Therapeutic uses of Aromatherapy*
- *Where, when and why to use Essential Oils*
- *How to use oils on the feet to support your Immune system*
 - *How to support your spine through the feet*
 - *Using Young Living Raindrop Oils on the feet*

Class is presented by **Laurie Azzarella, Seminar Instructor** for the International Institute of Reflexology. You will enjoy working on the spinal reflexes of the feet and also experiencing the effects of aromatherapy. We will be using the Young Living Raindrop oils to relax the spine and support the immune system. If you have them, please bring them with you. Advanced training information, charts, books and Young Living Oil Order forms will be available.

Step into Better Health!



Emotional Pattern Release Class

will focus on how emotions and feelings affect our health and well being. You will leave empowered with tools to release emotional baggage by using Young Living Essential Oils on hormonal and neurological pathways with conscious intention and verbiage. You will also be introduced to Reflexology Body Alarms Points, the AromaDome and develop your own personal regimen to release stubborn belief patterns that can precede disease and dysfunction.

Monday, February 29

10:00am - 3:00pm

4 CEUs Provider # 20-519103

\$50.00 (\$30 for IIR Students in Feb 27 & 28 Workshop)

Abundance Wellness Center

325 John Knox Road, Building T, Suite 1, Tallahassee, FL

Pre-Registration Required

MAIL IN REGISTRATION

Name _____ E-Mail _____ Phone(____) _____

Address _____ State _____ Zip _____

*Please send form with \$50 or \$30 class fee by February 15 to:
Laurie Azzarella, IIR Instructor, 28347 Turkey Branch Drive, Daphne, AL 36526
laurieazzarella@gmail.com 850-380-4943*

