

# Shamanic Breathwork



Robert Six Owls is an ordained minister, Shamanic Breathwork Facilitator, and graduate of Venus Rising Institute. Co-owner of Isis Cove retreat center and the Illuminated Heart Sanctuary. He is trained in multiple healing and spiritual practices. His passion is sharing this path with others by helping them to not only heal, but to profoundly access their own truth, power and creative life force energy.

Robert offers Shamanic healing, forgiveness ceremonies, energy work, spiritual counseling, wedding ceremonies, Reiki .....

Enter sacred space and shamanic time to awaken the vision of your Soul's Purpose through Shamanic Breathwork™. We will combine sacred ritual, the power of breath, chakra attuned music, focused body work, mandala art, and group sharing in this powerful ceremony that integrates ancient shamanic wisdom with modern-day healing practices.

Shamanic Breathwork is gentle, safe and effective. All that are willing, will have a deep, moving experience such as resolve and release current problems, heal childhood wounds and birth traumas, past-life remembrances, encounter deities, angels, nature spirits, travel space & time, experience vibration in the form of inner light, deep peace, etc.

Breathwork is healthy for the body. You will be conscious the whole time and in control.

Please come prepared for transformation.

**Free Introduction Friday 2-20-2015: 7pm – 9pm**

**Shamanic Breathwork Journey Saturday 2-21-2015 10 am to 5 pm**

Both days, Bring a pillow, 2 blankets, water bottle and journal. Saturday bring light lunch. Event open to all 17 years old and above. Pre-registration required for full day Shamanic Breathwork please go to <http://events.isiscove.com/events/> to register

**For directions please go to the Abundance Wellness Center website, [www.awc-tallahassee.com](http://www.awc-tallahassee.com)**