



Reflexology Workshop

International Institute of Reflexology Presents the
Ingham Method™ Training Program
*The most Therapeutic Method of Foot and Hand Reflexology
taught in a very comprehensive format.*

7:45am – 5:00pm both days 16 CEUS

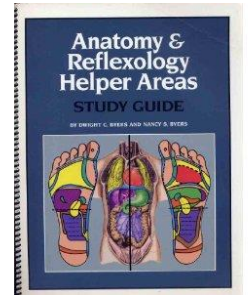
Phase I & II

April 19 & 20
Sunday and Monday

Location: Abundance Wellness Center

325 John Knox Road, Bldg T Suite 1
Tallahassee, Florida 32303

Directions: 850- 508-3562 www.awc-tallahassee.com **Registration:** 850-380-4943



Free Text Book with
Phase I

*Courses are repeated throughout the year on the Gulf Coast. If you are interested
please request to be on the email list for class notification. iir@reflexology-usa.net*

The Ingham Method is a simple effective method of helping the whole body in a natural way.
Learn these techniques to help yourself, your family and friends or continue training and join the
Professional Reflexology World.

IIR Certification is a 200 hour program that includes this beginning Phase 1 seminar.
If you wish to further IIR training details are found at www.reflexology-usa.net

Laurie Azzarella, IIR Workshop Director will be presenting these workshops.
\$375 for new IIR students \$250 returning IIR students
16 CEUs for NCBTMB & FL

MAIL IN REGISTRATION

Name _____ E-Mail _____ Phone(____) _____

Address _____ State _____ Zip _____

New IIR Student (\$375) Returning IIR Student (\$250) Exam (\$275)

*Please send form with \$100.00 Deposit to:
Laurie Azzarella, IIR Instructor, 28347 Turkey Branch Dr., Daphne, AL 36526
Questions:850-380-4943 laurieazzarella@reflexology-usa.net*



Reflexology Workshop

International Institute of Reflexology Presents the
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8:00am – 5:00pm both days 16 CEUS

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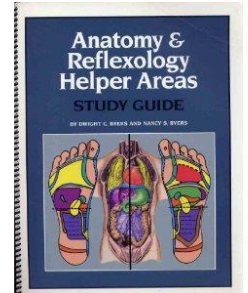
16 CEUs for NCBTMB & FL

BONUS! Reflex-OIL-ogy Class

Sunday April 19, 6:30pm – 8:30pm

Come experience the effects of Reflexology and Young Living oils applied to the
reflexes of your feet. \$10.00 at the door covers supplies. Open to the public.

Please reserve your space by calling 850-380-4943



Free Text Book with
Phase I



REFLEX-OIL-OGY

Class



This will make your toes smile!

Abundance Wellness Center

325 John Knox Road, Bldg T

Tallahassee, FL 32303

April 19

Sunday 6:30pm-8:30pm

\$10.00 class fee at the door. IIR students are Free. All are welcome!

To reserve your space call: 850-380-4943 E-mail: laurieazzarella@gmail.com

- *Basic Theory of Reflexology*
- *Therapeutic uses of Aromatherapy*
- *Finding the Reflexes in our Hands and Feet*
- *Where, when and why to use Essential Oils*
- *Therapeutic Oils and how to use them on the feet*
- *How to affect parts of your body through the feet*

Class is presented by **Laurie Azzarella, Seminar Instructor** for the International Institute of Reflexology. You will enjoy working on your own hands and/or feet and also experiencing the effects of aromatherapy. Advanced training information, charts, books and Young Living Oil ordering forms will be available. Step into Better Health!

