

Foundation of Thai Massage

An 8 hour CEU course in the ancient tradition of
Nuad Boran



- ◆ Comprised of presses and stretches, Thai Massage opens the body unlike any other therapy.
- ◆ Sophisticated techniques allow for simultaneous treatment of upper and lower body, extremities and core.
- ◆ Fully clothed recipients are guided into yoga-like postures designed to release tension, increase circulation, open energy paths, and relax muscles and mind.
- ◆ This course will provide treatment methods for all areas of the body as well as theoretical and cultural context.
- ◆ Thai Massage is a rich paradigm of healing as rewarding for the therapist as it is for the recipient.



Ryan Sullivan (850) 545-3949
www.HigherLevelHealing.com
Sunday March 29th 9am-6pm
@ Abundance Wellness Center



\$150

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