

Clarity Massage Company presents...

Two Myofascial Seminars In One Weekend

16 CEU'S FOR THE STATE OF FLORIDA

APRIL 11TH AND 12TH TALLAHASSEE FLORIDA

APRIL 11, 2015: MYOFASCIAL APPLICATIONS FOR THE BACK AND HIPS

Learn how to use slow deep even pressure to lengthen and broaden the myofascial tissue and reduce pressure on the spine and hips

Learn how kyphosis, lordosis and scoliosis can be managed by myofascial treatment


Learn how to balance the opposing torque between the shoulders and hips to reduce pressure on intervertebral discs

APRIL 12, 2015: MYOFASCIAL APPLICATIONS FOR THE LEGS

Learn how to use slow deep even pressure to lengthen and broaden the myofascial tissue and reduce pressure on the hips, knees, ankles

Learn the basics of gait assessment and know how to predict where compensations will occur in the legs

Learn myofascial treatments for joints that you can use in addition to friction techniques



David has been teaching and practicing myofascial therapy in Tallahassee and Florida for 20 years and formed Clarity Massage, PLLC in 2014.

•Price: \$100 per day or \$180 for both days if registered by March 28th.
Contact: David Long @ 850/321-1098 or Davidlongimt@gmail to reserve a space. (Florida Board of Massage CE Provider # 50 - 15192)

•Classes are from 9 to 5, and are held at Abundance Wellness Center, 325 John Knox Road, Tall, FL 32303 (see www.awc-tallahassee for directions). Bring a table and we will work in pairs.

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