

“The Energetic Language of Therapeutic Touch”

A 2 Day Basic Therapeutic Touch Seminar

“Therapeutic Touch is a holistic evidence based therapy that incorporates the intentional and compassionate use of universal energy to promote balance and well-being.”

Learn the Authentic Therapeutic Touch & How You Can Enhance Genuine Healing

When: December 1 & 2, Tuesday 8:30 AM – 5 PM, Wednesday 8:30 AM – 6 PM. Seminar/Workshop **Approved by Florida State Boards.** Provider #50-1028

What: Basic Therapeutic Touch = 16 Contact Hours. Cost = \$295. Payment Plans Available. Group Discounts Available.

Where: Abundance Wellness Center, John Knox Road, Tallahassee, FL

Who: Nurses, ARNPs, CNAs, Licensed Social Workers, Mental Health Counselors, Marriage & Family Therapists, Licensed Massage Therapists, Go to CEBroker.com for all boards. **All Health Professionals & Lay People are welcome.**

Instructor: Shirley Spear Begley, RN, BFA, HNB-BC, CCHT, NCTMB, QTTT, Internationally Qualified TT Teacher & Select Teachers

For More Information, Questions & Registration: Contact Shirley Spear Begley at 727-867-2666 Ext 1, go to IHCSonline.com, or email IntegratedHCS@gmail.com. Please See Registration Form at IHCSonline.com and for all Programs & Policies.

COURSE OBJECTIVES

- Learn Therapeutic Touch (TT) & apply the phases of the Therapeutic Touch process during supervised practice session.
- Identify basic theoretical assumptions & scientific frameworks central to TT, its international code of ethics and acceptance in conventional healthcare.
- Learn how to incorporate TT for personal health and into clinical practice through a Mentorship Program that nurtures your ability and growth.
- Discuss research of 40 years validating the effectiveness of TT in pain, immunity, stress, wound, fracture healing, burns, bereavement, childbirth & diminish the side effects of chemo & radiation & more. TT is known from research to enhance relaxation within 2 - 4 minutes.

***Therapeutic Touch (TT) is a scientific intervention,** first taught at New York University in 1972 by Dolores Krieger, PhD, RN. TT practiced by many healthcare professionals & utilized in hundreds of medical centers in the US. **Since the 1980s, Shirley has taught this method to 1000's of health care professionals.** As a pioneer in integrative health care, she is a published author & international conference lecturer. Shirley was selected by Dr. Krieger as Director for the TT Invitational Mentorship Program to guide and help practitioners integrate TT experience & knowledge. She is Executive Director of Integrated Health Care Systems in St Petersburg, FL and works with Suncoast Hospice. Shirley is a qualified TT teacher credentialed by Therapeutic Touch International Association/Nurse Healers Professional Associates, Inc. to assist practitioners to become Internationally Qualified in Therapeutic Touch.