

Move from Feardom . . . to Freedom!

and discover the Joy, Aliveness, and Abundance on the other side!

Saturday, May 4, 1-4 p.m.

Where do you let fear get in your way or stop you? Not being comfortable with computers, smartphones, technology, or social media? Thinking you don't know how to do something? Speaking in front of groups? Marketing yourself? Telling someone how you feel? Creating income? Doing things you've never done before? Going to new places? Thinking you're too old to do or become something? Asking for what you want? Letting your Light shine?

Learn to see fear differently and then use it to your advantage to live the life you want to live. AND . . . have fun in the process!



An afternoon GrowShop facilitated by Judee Pouncey

Investment in yourself ~ \$39
Register and pay by Wednesday, May 1:
email Judee at judeelight@comcast.net
or call her at 850-514-4843

at Abundance Wellness Center
325 John Knox Road, Building T, Suite 1, Tallahassee
<http://awc-tallahassee.com/>