

Barbara White Seminars



THE MASSAGE
STUDIO OF
BARBARA WHITE
est. 1999

LomiLomi Hawaiian Massage

July 19-20, 2014 (16 CE \$325)

Saturday and Sunday 8:00-5:00

Find the “Rhythm of the Heart” with Temple Style LomiLomi, the traditional bodywork of Hawaii. LomiLomi is much more than a massage modality; it is a way of life that encompasses love, compassion and being present in the moment. The long weaving movements of Lomi wrap around the body from top to bottom and front and back simultaneously transforming the giver and receiver’s heart and focus. It is much like massaging the receiver’s inner person. This work is both structural and deeply relaxing.

LomiLomi Hot Stone

July 21, 2014 (6 CE \$150)

Monday 8:00-3:00

Traditional Lomi weaves over and under the body with long gliding strokes connecting all elements of the body mind and spirit. In Hawaii, Lomi uses all elements of nature to create the perfect moment for each individual including the use of stones. This course will build upon the Lomi techniques taught in LomiLomi Hawaiian Massage and incorporate the use of stones to make the best massage even better.

Workshop Location:

Abundance Wellness Center

325 John Knox Rd., Bldg. T, Suite 1

Tallahassee, FL 32303



To Enroll: Call (409) 626-1811, email bwhite@gt.rr.com

or online at www.barbarawhitmassage.com

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