

Getting in Touch with your Inner Self



Meditation Classes (No experience Necessary)

Fridays 6 - 7pm

November 2nd, 9th, 16th, & 30th

Abundance Wellness Center

325 John Knox Road, Building T, Suite 2

(turn onto Woodcrest across from Truesdale pool go to yield sign turn left)

Preregistration: Early bird \$40 (by October 15)

\$45 (October 16-November 1)

Registration at the door: \$50

Facilitator: Dr. Melanie Barton

Of The Dr. Melanie Show

Mail registrations:

Dr. Melanie Barton

2205 Napoleon Bonaparte Dr.

Tallahassee, Fl. 32308

Questions: call 850-445-4272

or [mail to: drmelaniebarton@gmail.com](mailto:drmelaniebarton@gmail.com)

Bring a notebook Class limited to 20