

*Jay Schwed Presents*  
**THE SONG OF THE  
HEALING CRYSTAL BOWLS**



*'In the ancient lands of Atlantis and Egypt the healers believed that the way to facilitate healing is by opening the 'high heart' that connects all things together. This is represented by the musical note F# or commonly referred to as the Thymus Gland or the center for the immunity system.'*

**I incorporate sound, vibration, sound-infused aromatherapy mists, and healing color light therapy to bring this healing/meditation experience to a deeper and more profound level. Experience the Song of The Angels and learn the 3 Sacred tonal keys created in the Temples of King Solomon. Dolphin Spirit also brings forth a rebirthing of the magic.**

**WHEN: Friday, November 4<sup>th</sup> @ 7:00,**

**WHERE: ABUNDANCE WELLNESS CENTER,**

**325 John Knox Road, Building T, Suite 1,**

**Tallahassee, Florida**

**\$17.50 in advance and \$20 at the door. Pay through PayPal to Jay at,  
thejzone@yahoo.com**

NOT RECOMMENDED FOR MOST CHILDREN UNDER 15

**PLEASE BRING YOUR FAVORITE MAT, PILLOW AND BLANKET**

Please call Jay with any questions, 1-928-241-0311 or thejzone@yahoo.com

**WWW.HEALINGCRYSTALBOWLS.COM**